

Sun	Breakfast				Lunch				Dinner				Snack				
Mon	Breakfast				Lunch				Dinner				Snack				
Tue	Breakfast				Lunch				Dinner				Snack				
Wed	Breakfast				Lunch				Dinner				Snack				
Thu	Breakfast				Lunch				Dinner				Snack				
Fri	Breakfast				Lunch				Dinner				Snack				
Sat	Breakfast				Lunch				Dinner				Snack				